

TEAM:

DATE:

Scorecard									
Hole	1	2	3	4	5	6	7	8	9
Par	6	6	6	6	6	6	6	6	6
Score	5	4	5	6	5	5	5	5	5
Previous Best	Extra 10 reward points if you beat your previous best + 5 reward points for every shot lower than you previous best.							Total	45

	Hole	1	2	3	4	5	6	7	8	9	Total
Self-Discipline	2 Practice	✓	✓	✓	✓	✓	✓	✓			9
	Organisation	✓	✓	✓	✓	✓	✓	✓			9
Focus	Line Up Putts	✓	✓	✓	✓	✓	✓	✓			9
	Observation	✓	✓	✓	X	✓	✓	X			7
Perseverance	No Quitting	✓	✓	✓	✓	✓	✓	✓			9
	Self-Talk	✓	✓	✓	✓	✓	✓	✓			9
Consistency	Goal Score	✓	✓	✓	✓	✓	✓	✓			9
	3 Putts Max	✓	✓	✓	X	✓	X	✓			6
Mood Management	Frustration	✓	✓	✓	✓	✓	✓	✓			9
	Anxiety	✓	✓	✓	✓	✓	✓	✓			9
Patience	Breathing	✓	X	X	X	X	✓	X			3
	Impulsivity	✓	✓	X	X	X	✓	X			4
Teamwork	Discussion	X	X	X	X	X	X	X			1
	Support	✓	X	✓	✓	✓	X	X			3
Total											96
'Previous Best' Reward Points											
Total Reward Points for this Round											
Total Reward Points Overall											