

TEAM:

DATE:

Scorecard									
Hole	1	2	3	4	5	6	7	8	9
Par	6	6	6	6	6	6	6	6	6
Score	3	5	8	7	6	6	6	6	6
Previous Best	Extra 10 reward points if you beat your previous best + 5 reward points for every shot lower than you previous best.							Total	53

	Notes	1	2	3	4	5	6	7	8	9	Total
Self-Discipline	2 Practice	✓	✓	✓	✓	✓					5
	Organisation	✓	✓	✗	✗	✗					2
Focus	Line Up Putts	✓	✓	✗	✓	✓					4
	Observation	✓	✓	✗	✓	✓					4
Perseverance	No Quitting	✓	✓	✗	✓	✗					3
	Self-Talk	✗	✗	✗	✗	✗					0
Consistency	Goal Score	✓	✓	✗	✗	✓					3
	3 Putts Max	✓	✗	✗	✗	✓					2
Mood Management	Frustration	✗	✗	✗	✗	✗					0
	Anxiety	✓	✓	✓	✓	✓					5
Patience	Breathing	✗	✗	✗	✓	✗					1
	Impulsivity	✗	✗	✗	✗	✗					0
Teamwork	Discussion	✓	✓	✓	✓	✓					5
	Support	✗	✗	✓	✓	✗					2
Total											36
'Previous Best' Reward Points											
Total Reward Points for this Round											
Total Reward Points Overall											